



BASIC FIRE FIGHTING TRAINING

Objectives:

This course aims to highlight the primary roles of individuals and to enable them make use of important procedures and some effective techniques to eliminate and minimize the presence of injuries and risks caused by fire.

Course is intended for:

Individual who wants to learn and practice about identifying fire-related hazards and to learn the basic procedures in using a fire extinguisher and actions that are needed to do during fire alarms

Course overview:

- Fire hazards
- Fire Triangle
- Causes of Fire
- Causes of fire to spread
- Classes of fire
- Fire Prevention
- In the event of fire
- When NOT to fight a fire
- How to call emergency services
- Type of extinguisher
- Using fire extinguisher
- Other firefighting equipment's
- Means of Escape
- Emergency Escape routes
- Dangerous Substance and Prevention of Explosions
- Fire Risk Assessment
- Awareness of good practice

Course Duration

One-day basic awareness course

Participants

Maximum of 10 participants per training

Certification

Delegates will be issued a HSEPro certificate upon successful completion of course

For inquiries, please contact us.

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