



Provides quality **HSE training and consultancy**

HSEPro



Rigging and Slings Training

About the course

The course is intended to improve the individual skill and awareness in rigging and slinging and to discourage and eliminate bad habits in lifting operations.

Course Content

- Understanding the legal requirements in lifting and rigging
- Individual roles and responsibilities
- Task based risk assessment and planning
- Fundamental safety requirements
- Types of lifting operations
- Lifting equipment and inspection
- Load center of gravity, stability, and safe working load
- Load calculations
- Sling and Crane Inspection
- Load rigging
- Signaling and communication
- Overview of SSoW, Lifting Operations procedures and 'Golden Rules'

Course Duration

One-day basic awareness course

Participants

Maximum of 10 participants per training

Certification

Delegates will be issued a HSEPro certificate upon successful completion of course

For inquiries, please contact us.

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